

TO: PROSPECTIVE VOLLEYBALL COACHES

August 10, 2004

The Williamsburg Recreation Department's fall 2004 volleyball season will begin play on Monday, September 13 the Quarterpath Recreation Center. The deadline for entering a team is Thursday, September 2 for Co-Rec Leagues as well as for Men's and Women's Leagues. The entry fee is **\$170** for all leagues. Please submit your fee along with a fully completed roster form, which is included with this letter, by the deadline.

The following four co-rec leagues will be offered, consisting of 4 to 8 teams each: A, BB, B, and C. There will be 3 Women's Leagues (A, BB & B) and 2 Men's Leagues (A & B). The Men's and Women's Leagues will be limited to 9 teams per league. Typically teams play a total of nine or ten matches during the season.

In order to lessen conflicts with our officials, most of which referee High School volleyball also, we are trying to avoid playing on Tuesday and Thursdays as much as possible, since those are the primary High School nights. Therefore, all Co-Ed Leagues will compete primarily on Mondays and all Men's and Women's "BB" and "B" Leagues will compete on Wednesdays. However, we will keep the Men's and Women's "A" Leagues on Thursdays to because so many players have conflicts with other leagues on Wednesdays.

Teams from last season have entry priority should they enter by the deadline. If I think your team should move based on last season's performance, I will circle the league for which I feel you are best suited on the fact sheet. New teams must enter at the lowest level unless they can demonstrate ability to play at higher levels provided there are openings.

The rules will remain the same as last fall, including playing with at least three women in all co-ed leagues with a woman touch required on two or more hits, the let serve being legal, and rally scoring. There will again be no residency restriction in the Co-Ed A Leagues as well as the Men's or Women's Leagues. Also when CO-ED teams are reduced to less than six players, they may not bring back row players forward to fill in the gaps unless the situation is consistent with normal co-ed rules which allows a back row male to temporarily move forward after the serve solely for blocking when there are two females and/or only one male in the front row.

There are other volleyball opportunities available for adults and youth. For those who want to learn or refine skills, Ed & Alanna Jackson will conduct a pre-season Volleyball Skills Clinic for adults & teens on Sunday, September 12 from 2:00 until 5:00 p.m. at Quarterpath. If you or teammates have children, we are now taking registrations for our fall Youth Volleyball League for boys and girls ages 8 to 16. This program kicks off on September 15 with clinics and practices. We always need youth coaches, so if you are interested in volunteering a couple of hours of your time for a few weeks, please give us a call. We are now requiring background checks on coaches, so anyone interested needs to contact us in order to have the forms processed in a timely manner.

More information on the above programs and activities will be forthcoming soon. If you have questions about any of the programs mentioned above, call me at 259-3772. Please read the enclosed fact sheet for details about the leagues. Rules can be accessed at the website below and will be made available at the coaches meeting, games, and practices. I hope to see you at the coaches meeting on Wednesday, September 8 at 6:30 p.m.

Cordially,

Lewis

Lewis Edwards
Adult Athletics Director

FACT SHEET IS ON THE BACK!

**All sports rules, schedules, standings and roster forms are available on our website:
www.williamsburgva.gov/rec**

FALL 2004 WILLIAMSBURG RECREATION VOLLEYBALL FACT SHEET

LEAGUES	MATCHES PLAYED	ROSTERS MIN/MAX	PRIMARY NIGHTS	LEVEL OF PLAY	LEVEL OF OFFICIATING
Co-Rec "A"	9-10	8 - 12	Mondays	Advanced	Tight
Co-Rec "BB"	9-10	8 - 12	Mondays	Adv. Intermediate	Firm
Co-Rec "B"	9-10	8 - 12	Mondays	Intermediate	Moderate
Co-Rec "C"	9-10	8 - 12	Mondays	Beginner - Adv. Beginner	Loose
Men's "A" & Women's "A"	8-10	6 - 10	Thursdays	Advanced	Tight
Women's "BB"	8-10	6 - 10	Wednesdays	Intermediate	Firm
Women's "B"	8-10	6 - 10	Wednesdays	Adv. Beginner-Interm.	Moderate

SEASON: September 13 through November 11, 2004

ENTRY FEE: **\$170** per team for all leagues

SITE & TIMES: Quarterpath Recreation Center between 6:30 & 10:00 p.m.

DEADLINE: **ALL LEAGUES - Thursday, September 2 @ 5:30 p.m.** All rosters and entry fees must be submitted to the Recreation Department by this time **with no exceptions!**

ROSTERS: All players must be listed on the team roster. Players may be added or deleted through April 15 when rosters are **"Frozen"**.

AGE LIMIT: Co-Rec Players must be **17**. Men's & Women's League players must be **13 (16 in Mens & Women's "A")**

MATCHES: Eight to ten regular season matches with each match consisting of the best two out of three games. All games will use no cap, rally scoring. The winning team must have a 2 point advantage. Games 1 & 2 will be to 25. A 3rd game would be to 15. Matches, not games, will count in the standings.

CO-REC RULE: **All Co-Rec teams must start a match with at least 3 women and may never have more than 3 men. Teams may finish a match with fewer than 6 players so long as at least 2 players of each sex are in the game at all times. Male players may not be adjacent unless separated by a "Phantom" female position. In addition, a woman must contact the ball if there is more than one hit.**

CROSSOVERS: Players may compete on only 1 co-rec team and in addition may compete on only 1 men's or women's team. USAV players may not compete at a rec league level lower than their USAV level. (Ex: USAV "A" player may not play Rec "B")

OFFICIALS: Up and Down referees will be provided for all leagues. Linesmen will no longer be used at any level. The officials will make final determination of line calls. If the officials are screened or are unable to see or make a determination on the call, a replay will result unless the teams agree on a consensus honor call.

ELIGIBILITY: Williamsburg, James City, & York County residents are eligible. IN ADDITION, EACH REC TEAM MAY CARRY UP TO 2 NON-RESIDENT PLAYERS WHICH MUST BE DESIGNATED AS SUCH ON THE ROSTER. Teams found to have more than the allowable two non-resident players on their rosters must drop the non-designated non-residents from their rosters and forfeit all matches in which the illegal player(s) competed. **THE CO-REC "A" LEAGUES AS WELL AS THE MEN'S & WOMEN'S LEAGUES HAVE NO RESIDENCY RESTRICTIONS!**

FORFEITS: *Teams must field 6 eligible players by scheduled match time or else forfeit the first game. An additional 15 minutes will be given before the match is forfeited. No additional grace time will be given if the previous match runs long. If a team forfeits **THREE MATCHES**, they will be suspended the remainder of the season as well as the tournament. If you know in advance that you may forfeit & notify us at least 1 day in advance, then the forfeit will not apply towards a suspension. ***MEN'S & WOMEN'S LEAGUE TEAMS MAY START WITH FOUR PLAYERS.**

COACHES MEETING: **WEDNESDAY, SEPTEMBER 3 AT 6:30 P.M.** at Quarterpath for all Co-Rec , Men's and Women's League coaches.

PRACTICES: Beginning September 7 and continuing through the season, practices are available on Tuesdays and Fridays from 6:30 until 8:30 p.m. & Sundays from 1:00 until 6:00 p.m. Call 259-3760 to reserve a court. Practices are limited to 1 hour.

SKILLS CLINIC: Ed & Alanna Jackson, assistant coaches at William & Mary will conduct a clinic on Sunday, September 12 from 2:00 – 5:00 p.m. at Quarterpath. This clinic is for Beginner to Intermediate level players who are interested in getting game or improving game.

OPEN PLAY: Teams and individuals looking for spots on a team are invited to attend an open play night on Wednesday, September 8 from 7:00 to 9:15 p.m. for Co-ed teams and from 8:15 to 9:30 for Men's and Women's teams.

UNIFORMS: Teams are not required to wear uniform jerseys. Teams are required to have numbered jerseys only if they substitute by position. Teams that substitute at the service position only are not required to have numbers. There will be a 1 point penalty per incident per game for non-permanent or duplicate numbers for teams that use position substitutions.

TOURNAMENTS: Single or double elimination tournaments will be held for all leagues the week after the regular season ends. Usually, only the **TOP FOUR** teams per league will advance to the tournament; however, there may be exceptions.

CONDUCT: **Unsportsmanlike conduct will not be tolerated.** Warnings will be given for minor offenses. Repeat or major offenses will result in penalties ranging from points or side outs awarded to ejection or suspension of players. Players ejected from a match will automatically be suspended for their next subsequent match and possibly more depending on the severity of the conduct.

CHILDCARE: **CHILDCARE IS NO LONGER BE AVAILABLE! To prevent injuries and disruption of play, children in the gym MUST remain seated on the bleachers or carpets during warm-up & play.**